

What is CYL?

Change Your Life (CYL) is a safe and welcoming place where you can grow, learn, and discover God's plan for your life. Through caring relationships and practical classes, you'll find hope, new skills, and spiritual growth that leads to lasting change.

Ready to take the next step?

1 Register

Call 540-221-2955
Or Scan QR Code and click "Need Assistance"



Schedule or fill in your application so we can get to know you better.

2 Learn More

Speak with someone who has completed the program.

3 Register For Classes

Begin your life-changing journey!



Staunton
Waynesboro
Augusta

Why CYL?

“Before this class I felt powerless over my finances. I now feel that, with God's guidance, I am in control of my finances. The class and positive attitude has helped me to rely on God instead of myself.”

KB-CYL Student

“In this class God has really shown me what he can do. I have learned that I cannot rush things. Things happen for a reason.”

AR-CYL Student

“I have felt God working in my life by giving me a peace that I can't understand.”

CM-CYL Student

“Through these classes I've gained a deeper sense of purpose, accountability, and hope, and I am learning how to apply God's truth to my daily life, my relationships, and the choices I make going forward.”

Unknown

“I have learned to speak the truth in love, set healthy boundaries, and communicate effectively. I've learned to sit and search my heart. I am learning how to be a better mom by all these things.”

JP-CYL Student

A Christ-centered program of transformation through

EDUCATION

EMPOWERMENT &

RELATIONSHIPS



Change Your Life Classes

loveincsaaw.org

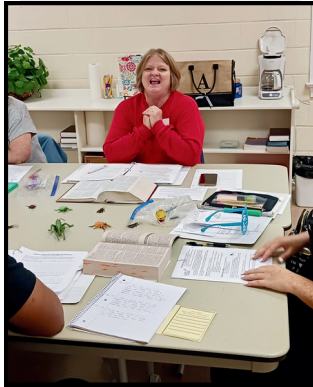
office@loveincsaaw.org

540-221-2955

CYL is Built on Christ and the Three Pillars of...

EDUCATION

Building Knowledge



What Classes are Offered?

CYL offers Christ-centered classes designed to help you grow in every area of life.

Physical:

- Faith and Finance
- Financial Wellness

Emotional:

- Renewing the Mind
- Overcoming Anxiety, Worry, & Fear
- Health and Wellness

Spiritual:

- New Image
- Bible 101
- Alpha
- New Journey

Relational:

- Boundaries
- Active Parenting

EMPOWERMENT

Growing Confidence



Holistic Approach

“Holistic” means looking at the whole person, Spiritual, Physical, Emotional, and Relational. At Love INC, we believe transformation happens when all areas of life come together under Christ’s guidance.

What Can I Expect?

- A safe and welcoming community of learners and friends
- 13-week sessions with small-group discussions
- Encouragement and prayer from caring mentors
- Access to church partners and community resources
- EARN vouchers for regular attendance and homework completion

RELATIONSHIPS

Living Connected



Is CYL for me?

If you want to grow in your faith, gain new life skills, and be part of a supportive community that believes in your potential, then CYL is for you!

If you desire to...

- Make new friends and feel part of a caring community
- Learn practical tools for managing your finances, emotions, and relationships
- Build confidence and discover your God-given purpose
- Experience lasting life change through Jesus Christ

Real Change Happens In Community

“The people cared so much about learning who I was and learning my story. It was true care for who I was and my journey in life.”

-Carolyn, CYL Graduate